

# AUGUST MENU 2022

**PLEASE MAKE SURE TO REGISTER 2 BUSINESS DAYS IN ADVANCE WITH YOUR CAFÉ MANAGER**

Suggested Donation \$2.50  
Menu Items Subject to Change

**CALL 860-584-7895 ext. 7114 TO PLACE LUNCH ORDERS**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Salisbury Steak LS Gravy Mashed Potato Spinach Rye Bread Fresh Apple</p>	<p>2</p> <p>Grape Juice Eggplant Rولاتيني Marinara Sauce Ziti Broccoli &amp; Cauliflower 12 Grain Bread Brownie</p>	<p>3</p> <p>Cream of Broccoli Unsalted Crackers Crabmeat Salad Sandwich 3 Bean Salad Cucumber, Onion, Dill Salad Hot Dog Roll Watermelon</p>	<p>4</p> <p>Chicken Salad with Cranberries Pasta Salad with Broccoli, Red Peppers, White Beans, Carrots Club Roll Banana</p>	<p>5</p> <p><b>Taste of Asia</b>  Teriyaki Pork Fried Rice Oriental Vegetables Fortune Cookie 100% Whole Wheat Pineapple Chunks</p>
<p>8</p> <p>Cranberry Juice Florentine Chicken Lemon Orzo Broccoli and Red Pepper Whole Wheat Bread Birthday Cake </p>	<p>9</p> <p>Stuffed Shells with Meat Sauce Green Beans Italian Bread Pineapple Chunks </p>	<p>10</p> <p>Chef Salad with Ham, Turkey, Cheese, Egg, Veggies Italian Dressing Breadstick Fresh Fruit</p>	<p>11</p> <p>Orange Juice Slow Cooked Pork in Pan Gravy Roasted Herb Potatoes Squash Medley Dinner Roll Grapes</p>	<p>12</p> <p>Pineapple Orange Juice Shepards Pie with Beef, Mashed Potato, and Corn Scandinavian Veggies 12 Grain Bread Chocolate Chip Cookies</p>
<p>15</p> <p>Cranberry Juice Pork Riblet with BBq Sauce Corn with Black Beans Cole Slaw Corn Muffin Ice Cream</p>	<p>16</p> <p>Salisbury Steak with Mushroom Gravy Sliced Potatoes Broccoli Multigrain Bread Peaches</p>	<p>17</p> <p>Baked Fish Buttered Rice with Peas and Mushrooms Squash Medley Tartar Sauce Rye Bread Orange</p>	<p>18</p> <p>Macaroni, Chicken, and Pea Salad Broccoli and Red Pepper Mustard Dinner Roll Fresh Fruit Salad</p>	<p>19</p> <p>Roast Beef with Horseradish Sauce Mashed Potatoes Brussell Sprouts 12 Grain Bread Fruited Yogurt </p>
<p>22</p> <p>Italian Sausage (Mild) with Onions &amp; Peppers Rice Pilaf Spinach Club Roll Fruit Cocktail </p>	<p>23</p> <p>Cranberry Juice Meatloaf with Onion Gravy Mashed Potatoes Peas and Carrots Dinner Roll Fresh Peach</p>	<p>24</p> <p>Orange Juice Spaghetti with Turkey Meatballs Broccoli Parmesan Cheese Italian Bread Lemon Pudding</p>	<p>25</p> <p>Cod Fish with Butter Crumb Topping Broccoli and Cheese Rice Green and Yellow Beans Rye Bread Cantaloupe</p>	<p>26</p> <p><b>Labor Day Special</b> Apple Juice Hot Dog Baked Beans Sauerkraut Mustard Hot Dog Roll Watermelon</p>
<p>29</p> <p>Chicken Piccata Linguini Broccoli with Red Pepper 12 Grain Bread Chocolate Pudding</p>	<p>30</p> <p>Crab Cakes with Cream Sauce Potato Wedges Broccoli Dinner Roll Fresh Fruit</p>	<p>31</p> <p>Kielbasa Pierogies Red and White Cabbage Rye Bread Apple Pie </p>	<p>30</p> <p></p>	<p>1% or Skim Milk Provided Margarine Available </p>

CW Resources Senior Community Café



# November Menu



1% or Skim milk provided  
Margarine available

MENU ITEMS SUBJECT TO CHANGE		SUGGESTED DONATION		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pineapple Juice Chicken Patty with Country Gravy Whipped Mashed Potato String Beans with Mushrooms  100% Whole Wheat  Rice Pudding	2 Eggplant Rolette Buttered Ziti Italian Blend Veggies  Oatmeal Bread  Tropical Fruit Cup	3 Unbreaded Fish Filet with Lemon Butter Sauce Harvest Rice Stewed Tomatoes  Multi Grain Bread  Mandarin Oranges	4 Stuffed Pepper Soup Unsalted Crackers Sliced Turkey Swiss Cheese Lettuce and Tomato Tater Tots  Grinder Roll  Banana	5 Grape Juice Sloppy Joe Mashed Potato Corn Niblets  Hamburger Roll  Brownie with Topping
8 Cranberry Juice Lasagna Rollette Primavera Sauce Italian Blend Veggies  Garlic Bread  Vanilla Pudding	9 Swedish Meatballs with Sour Cream Gravy Buttered Noodles Mixed Vegetables  Assorted Rolls  Fruit Cup	10 <b>Special Dessert</b> Grape Juice Fresh Pork Loin Sweet Potato Chunks Tuscany Veggies  Rye Bread Warm Apple Crisp with Ice Cream	11 	12 Corn Chowder Unsalted Crackers Pier 17 Fish Tartar Sauce Mashed Sweet Potato Spinach Dinner Roll  Citrus Sections
15 Grape Juice Salisbury Steak LS Beef Gravy Buttered Noodles Peas  Potato Bread  Chocolate Chip Cookies	16 Pineapple Orange Juice Orange Chicken Buttered Rice Scandinavian Veggies  Dinner Roll  Pecan Sandies	17 Apple Cider Roast Turkey with Giblet Gravy Stuffing Mashed Potato Butter Ginger Carrots Cranberry Sauce Dinner Roll  Pumpkin Delight	18 Ravioli Meat Sauce Green Beans  Italian Bread  Tropical Fruit Cup	19 Cranberry Juice Open Faced Turkey Sandwich with Gravy Garlic Mashed Potato Carrots and Green Beans  Multigrain Bread Baked Pears with Topping
22 Meatball Sub with Mozzarella French Fries Mixed Veggies  Sub Roll  Fresh Orange	23 Chicken Cacciatore Yellow Rice Garden Salad Italian Dressing  Garlic Bread  Rice Pudding	24 Cranberry Juice Hamburger Baked Beans Broccoli  W.W. Hamburger Bun  Wafer Cookies	25 	26
29 Chicken Fajitas with Peppers and Onions Rice Black Beans with Diced Tomatoes  Tortilla  Pears	30 Grape Juice Breaded Pork Chop Seasoned Whole Potato Spinach  Wheat Bread  Banana Pudding	 		