



Bristol Senior Center 2019 Spring Class Registration



The Bristol Senior Center Spring Class Registration will begin on Wednesday, April 17, 2019 from 9:00am - 11:00am in our Gymnasium, and will continue Thursday, April 18, 2019 weekdays between the hours of 8:30am - 4:00pm in the main office. Classes are 8 weeks long and the fee for each class varies depending on the length of the class. Registration is first come, first serve until classes are full. See class details for additional supply fees. Checks should be made out to the Bristol Senior Center. Proof of Bristol Senior Center Membership is required to register.

- Mondays:** Tai Chi - 9:30-10:30am in the Gym - \$16.00 starting 4/29/19
Balance & Flexibility-10:45-11:45am-\$16.00 in Room #109 starting 4/29/19
*Strength & Tone - 10:45-11:45am in the Gym - \$16.00 - starting 4/29/19
**Watercolors - 9:30-11:30am in Room #100 - \$24.00 - starting 4/29/19
**Decorative Painting - 12:30-2:30pm in Room #100 - \$24.00 - starting 4/29/19
Tap Dancing - 1:00-1:45pm on the Stage - \$16.00 - starting 4/29/19
- Tuesdays:** Aerobic Exercise - 9:30-10:30am in the Gym - \$16.00 - starting 4/30/19
Beginner Tai Chi - 10:45-11:45am in the Gym - \$16.00 starting 4/30/19
Experienced Quilting - 9:30-11:30am in Room #100 - \$24.00 - starting 4/30/19
Beginner Tap - 10:15-11:00am on the Stage - \$16.00 - starting 4/30/19
Basic Ballet - 11:00-11:45am in Room #109 - \$16.00 - starting 4/30/19
Chair Seating - 12:15-3:15pm in Room #100 - \$24.00 - starting 4/30/19
#Intermediate Ukulele - 1:00-2:00pm in Room #104 - \$16.00 - starting 4/30/19
#Beginner Ukulele - 2:00-3:00pm in Room #104 - \$16.00 - starting 4/30/19
** Mother/Daughter Ceramics - 6:00-8:00pm in Room #104 - \$24.00 - starting 4/30/19
- Wednesdays:** *Strength & Tone - 9:30-10:30am in the Gym - \$16.00 - starting 5/1/19
*Chair Yoga - 10:45-11:45am in the Gym - \$16.00 - starting 5/1/19
Beginner Quilting - 9:30-11:30am in Room #100 - \$24.00 - starting 5/1/19
**Ceramics with Sandi - 9:30-11:30am in Room #104 - \$24.00 - starting 5/1/19
**Ceramics with Sandi - 12:30-2:30pm in Room #104 - \$24.00 - starting 5/1/19
- Thursdays:** Zumba Gold - 9:30-10:15am in the Gym - \$16.00 - starting 5/9/19
Line Dance - 10:30am-12:00pm in the Gym - \$16.00 - starting 5/9/19
Beginner Painting - 9:30-11:30am in Room #100 - \$24.00 - starting 5/9/19
Intermediate Painting - 12:30-2:30pm in Room #100 - \$24.00 - starting 5/9/19
**Watercolors - 12:30-2:30pm in Room #104 -- \$24.00 - starting 5/9/19
Ballroom Dancing - 1:00-2:00pm in the Gymnasium - Free - starting 5/9/19
**Ceramics with Sandi - 9:30-11:30am in Room #106 - \$24.00 - starting 5/9/19
- Fridays:** *Chair Yoga - 9:30-10:30am in the Gym - \$16.00 - starting 5/10/19
*Stretch & Relax - 10:45-11:30am in the Gym - \$16.00 - starting 5/10/19

* In Stretch & Tone participants should bring their own hand weights. In the Yoga classes participants should bring their own Yoga mat. ** Daily fees for Ceramics are \$2.00 per class for paints. You will also purchase your own Ceramic piece to paint. In the Painting classes you will be required to supply your own paints, brushes & canvases. Paper crafting has additional supplies to purchase. # Participants need to supply their own Ukulele which can be purchased at a local music shop.